

Road Food—Fried Cheese

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This is a favourite breakfast for many Freewheelers when they're on the road, but it's good anytime. Ron Keall is the originator of this simple and satisfying repast.

- enough slices regular swiss or cheddar cheese for one bagel
- one bagel sliced in half and toasted or warmed over a burner or a pot or not according to circumstances

Place cheese in non-stick frying pan and heat until it melts nicely. Hold the frying pan handle in one hand. In the other, take one bagel half and press into cheese. Swirl the bagel and pick up all the cheese. Top with the other half of the bagel or enjoy open-faced and melt more cheese for the other bagel half.