

Progressive Supper Ride 2013 – Appetizers to the Main - by J. McGrane

From Mahony Crescent

1. Turn south on to Truesdale Drive.
2. Follow Truesdale Drive to Harding St.
3. Turn south on Harding St. - follow Harding St. to Woodhams Dr.
4. Turn east on Woodham Drive – follow Woodhams Dr. to Windsor Park Cres.
5. Turn north on Windsor Park Cres. It will turn into Windsor Park Road and then Quance Gate. This will take you to Number One Highway by the Peavy Mart.
6. Turn east on Number One Highway and go to Tower Road (By CTV) turn south.
7. Turn Northeast at Highway 33. Follow Highway 33 to Chuka Blvd.
8. Go southeast Chuka Blvd. and turn left on Goldfinch Way.
9. Turn west E. Sandpiper Cres.
10. Take the sidewalk going south at Chuka. Past the house on the southwest corner is a 100ft. of dirt path then a proper paved path. Follow the paved path northwest and it will bring you to Wascana Gate E. (No sign – it's the street going past the park.)
11. Go West on Wascana Gate E. it will turn into Wascana Circle. Follow Wascana Circle to Wascana Gate (This short entrance/exit will take you to Prince of Wales Dr.)
12. Cross Prince of Wales Drive and take the bike path to Assiniboine Ave.
13. Go west on a Assiniboine Ave to the fly over.
14. Follow the path to the University of Regina.
15. Go south on University Drive following it around to East Loop (corner of the Rams football field).
16. Turn south on East loop and follow the road to Grant Rd.
17. Follow Grant Rd. to Shannon Rd.

18. Turn Southeast on Shannon Rd. and follow Shannon Road to Grant Rd.
19. Turn northwest on to Grant Rd. – follow Grant Rd. to Massey Rd.
20. Go north on Massey Rd. to Parliament Ave.
21. Turn west on Parliament Ave. and go to Lewvan Dr. Cross the Lewvan. The Harbour Landing bike path starts at the southwest corner of the intersection.
22. Follow the bike path James Hill Rd. – turn east on James Hill Rd. – it will turn into Harvard Way.
23. Turn west on Gordon Road. – Follow Gordon Road to Pasqua St.
24. Turn south on Pasqua St. to Lincoln Dr.
25. Turn east on Lincoln Dr. and go to 191 Lincoln Dr.

This trip is a little over 37 kms.