



Revised date: March 24, 2026

Risk Management Plan

Wascana Freewheelers Bicycle Touring Club Inc.

The Wascana Freewheelers Bicycle Touring Club Inc. (the Club) Risk Management Plan has been created to describe how the club will effectively manage the risks associated with our club's cycling activities and includes providing for the safety, health, and well-being of the participants.

The Club's Risk Management Plan includes:

- Helmets must be used on all rides.
- Verification of SCA / Club membership. All participants must have a valid SCA membership in the year of said ride. Non SCA members must have purchased an SCA Recreational Day Pass or alternately may ride if the ride is a designated "Try It" ride which has been confirmed by the SCA.
- All rides & ride participants will comply with Highway Traffic Act, local bylaws, & private land rules.
- The Club aims to keep individual group sizes between 3 and 12. If more than 12 people are in attendance, we may split into groups. During Club training rides, all participants will be on the course at one time with ample distance allowed between participants.
- Only rides set up under the electronic Cycle Club App and advertised to Club members in the App are sanctioned club rides. Rides by groups of members but not advertised in Cycle Club App will not be considered Club rides. For clarity the Club does host multi day riding events and in such cases an advertised ride may include one or more segments over some days as described in the Cycle Club App.
- Our Club is a recreational cycling and touring Club and we do not host racing or competitive events.
- The Club and members of the Club are covered under the blanket

insurance coverage for liability and rider accident insurance offered through the Saskatchewan Cycling Association.

- Our Club has valid Officers and Directors liability insurance in place which is offered under the Saskatchewan Cycling Association blanket insurance policy as an add on.
- Our Club will maintain its status as a Corporation under the Saskatchewan Not for Profit Corporations Act.

- **The role of the Ride Leader**
 - Preplan the route for the ride and include a description of the route on Cycle Club App including the terrain (road/gravel/trail) and whether any special kind of bike is required.
 - Plan a route which avoids very busy roadways. The route should be primarily on quieter streets, quiet highways or highways with good shoulders, gravel roads or mixed use or bike paths or trails. Riding on the sidewalk or in areas where there is heavy pedestrian traffic should be avoided.
 - Be aware of the S.C.A guidelines concerning weather and air quality. If outside the guidelines then cancel the ride. If you are unsure then use the “better safe than sorry” approach. Consult with the Wednesday or Weekend Ride Coordinators or any member of our executive if you need to discuss weather or air quality.
 - If a ride is to be cancelled the Ride Leader will do their best to cancel at least one hour before the start time. It is noted that this is sometimes not possible in the event of sudden changes in condition.
 - Ensures that either they or a participant is tracking the ride in Strava or other tracking software to ensure the route ridden is permanently recorded.
 - The Ride Leader will be aware of any rider who appears to be substance impaired and ask that they leave the ride.
 - Appoint a sweep who will keep track of all the riders and be aware of any rider who decides to leave the ride.
 - Ensure participants are aware of all guidelines and rules. Remind riders of the importance of following all traffic rules and safe riding practices such as adequate spacing, hand and

verbal signals.

- Have a smart phone with you (charged and with data) and ensure that attendance is taken via Cycle Club App so that a permanent record of participants is maintained.
- Ensure there is a leader for each individual group.
- Let everyone know when and where the ride is expected to end.
- Identify any known road hazard risks and communicate these clearly to participants.
- Explain any contingent plans for a change in the event if risks such as a change in the weather occur.
- All club rides are no drop and the ride leader will set a pace that is appropriate and stop as necessary to keep the group together and allow for hydration.
- Carry a copy of the S.C.A. incident response form.
- Ensure that at least one rider in the group has a first aid kit.
- If the ride is after dark ensure that all riders have appropriate lights on their bike. Lights should be encouraged for daylight rides but are not mandatory.
- At the completion of the ride mark the event as complete in Cycle Club App.

- **Role of Participants**

- Follow all club rules and traffic rules.
- Maintain current year membership.
- Let the sweep know if you are leaving the ride.
- Wear appropriate clothing – helmet, gloves, glasses, closed toe footwear.
- If after dark riding is expected have appropriate lights.
- Bring ample food and water for the duration of the activity.
- Riders under 18 must be members and be accompanied by a parent.
- Riders must be using a bike in good working order that is size and terrain appropriate. We recommend a yearly tune-up.
- Riders are expected to have basic tools for a bike adjustment or to fix a flat tire. Always carry a spare tube.
- Inform the Ride Leader of any observed safety concerns

before or during the ride.

- Use hand signals as well as verbal signals such as “car back” or “on your left” when passing.
 - Ride for your own safety. As an example, do not follow a group of riders into an intersection without looking for traffic yourself. Be responsible for keeping yourself safe.
 - Advise the Ride Leader if any other rider or group of riders is riding in a fashion that is unsafe.
 - It is the rider’s personal responsibility to leave the ride if they feel unsafe.
- **Planned Emergency Measures**
 - Ride leaders will carry a cell phone.
 - If an emergency takes place, we begin using our Emergency Action Plan.
 - Ride leaders will have access to an Emergency First Aid Kit.