

## Wednesday Night Ride Report – 2016

### **May 4**

#### **Leader - Arleene Arnold**

The first Wednesday Night Ride of the season was blessed with HOT weather and 22 riders with 2 new members present. We split into 2 groups. Arleene lead one, Colette the other. The ride ended at Arleene's with iced tea and cake to celebrate her birthday.

### **May 11**

#### **Leader - Colette Forbes**

Cold, 6 degrees, windy, gusts up to 50 kilometers

There were 3 of us, hardy souls, on the ride last night. Colette, Don and Arleene. We debated about aborting the ride and going home, then just going for coffee but in the end Colette lead us along the bike path west and then south around the back of the university with the wind at our back I might add :) into the Whitmore Park area via Grant Rd. Then Don lead us around in circles, well not really but we zipped this way and that way, between houses, on little paths, down back alleys, through parking lots and ended up at the coffee shop near Shoppers in the south end

### **May 17**

#### **Leader – Virginia Stewart**

Temperature 23 degrees, no wind

Virginia Stewart led tonight's ride with a total of 14 riders. The route took us to Harbor Landing and Albert Park. Second leader was Gord Grant. Many people enjoyed meeting Virginia as she is one of the founding members of the Wascana Freewheelers. Total distance 20 km.

### **May 24**

#### **Leader – Colette Forbes**

Temperature 10 C, cloudy with rain drizzles

6 riders, 11 km south on Rae to 23rd and over to Scott and McNiven up Hillsdale towards Castle Rd to Grant Rd and east throughout the U of R loop to the bike path & Douglas to Broadway ending at the Naked Bean for coffee. The cooler 10 C cloud & rain drizzles likely deterred some riders but those who came along enjoyed the ride & agreed that it could have been longer now that our daylight hours are longer.

### **June 1**

#### **Leader – Don Wilson**

Warm with little wind

17 Free Wheelers split into two groups - the first led by Don Wilson, the second led by Colette Forbes - and headed north out of the park to the Lorne St bike lanes to SK Drive and under the Albert St overpass, diagonally thru the Warehouse district and east on 7th Ave to the back of the old GM plant, across Winnipeg into EastView and over to the site of the old Haultain School. Wiggled our way over to Park St and south over the trax to 8th Ave. and Rothwell. Here the second group had second thoughts, and went their way back into town. Group one went bravely on into the savage North-East, running out 7th to Graham and north to Jenkins and north to the far end of the Pilot Butte Creek bike path and southward to Victoria Ave. Over to the Tim's by Home Depot and in the gloaming south along the PB Creek bike path to Assiniboia and back to the Leg. Total distance? 27 K?

**June 8**

**Leader: Gordon Kerfoot**

**June 15**

**Leader: Joanne Zepp**

**June 22**

**Leader: Gordon Kerfoot**

21 riders met June 22 for a "country road" ride. We divided into 2 groups, both groups heading south via SIAST to dirt roads (Park St S. and Fleet St. S), which encircle the Wascana Country Club. Group #1 continued east to the Creeks and Greens On Gardner before returning to the Leg via Gardner Park and Varsity Heights. Refreshements at Mc Donald's on Kramer  
Group 2 headed from the Rainbow Bridge to the DQ on Truesdale for a visit and treat.  
Weather in the low 20s; calm winds. Nice night. Thanks to Brenda for leading the 2nd group.

**June 29**

**Leaders: Arlene Arnold and Dow Cooney**

Warm weather, sunny, light wind.

This weeks Wednesday Night Ride was a "hit" with lemon/ limeade and Thai fresh rolls (and I mean "fresh" as they were made just before we arrived) served with dipping sauce and roasted peanuts. What can I say, I am a Freewheeler, I ate and I enjoyed. YUM! Thank you to Dow and her helpers'. The evening was lovely for a ride with warm weather and sunny skies. There were 18 riders with our littlest rider in tow behind grandma's bike, which would be Lana and Cohen. (Sorry Lana if I didn't get his name spelled right) Anyway little Cohen had to go home early as he didn't quite enjoy the ride as much as the rest of us and shucks they missed the fresh rolls. Arlene led a group to the university, along the bike path to Assiniboine Ave, through the cemetery, a little in Douglas Park, back to the University and to Whitmore Park(Dow's) for a distance of approximately 19 kilometers. Speedy Dow led another group for a somewhat longer ride along the same route.

**July 6, 2016**

**Leader: Jim McGrane**

Thunder, rain and wind

Three hardy east end boys met on a wet and windy Wednesday night. They went 7.5 kilometers through the rain to the Tim Horton's at Victoria Square Mall where they enjoyed a cup of java.

**July 13**

**Leader: Barbara Shourounis**

**July 20**

**Leader- Arlene Arnold**

Number of riders - 8

Weather - lovely

Route – Arlene's training route ending at Brewed Awakening and Houston Pizza on Hill Ave

Distance 23 kilometers

**July 27**

**Leader - Gord Grant**

Number of riders - 12

Weather - Beautiful

Route - Harbour Landing, Hillsdale, around the University to Stones Throw

Distance 19 kilometers

**August 3**

**Leader – Larry Quinn**

Despite the wind, weather watches and cool temperature two of us met at the Leg tonight. To keep the wind at our back Larry led me on the multi use path in Wascana Park, past the university, through the Douglas Park sports area (believe it or not some people were out playing frisbee golf in the wind) where we admired the new buildings, football fields, baseball diamonds, etc...and reminisced about how things used to look. We then rode around the Douglas Park area and to Larry's house near Candy Cane Park where I was fed "nibbles", a drink and met his lovely wife Helen. Total mileage back to the Leg was 12 kilometers.

**Aug 10**

**Leader – Noreen Hetherington**

cloudy, 18C, 22 km wind, threatening rain but turned into a beautiful evening, 6 riders. Route was to Harbour Landing, Southland, Lakeview par3, ending at the DQ south, 25 km

**Aug 17**

**Leader – Don Wilson**

Made our way over to the bike path leading north west and planned on going for ice cream on 7th Ave. However no ice cream stop as thunderous clouds with lightening so biked back towards the Leg with everyone dispersing on the way heading home to shelter.

**Aug 24**

**Leader – Arleene Arnold**

Cloudy, cool with a light rain. 2 Riders for a 1 hour ride ending with coffee at Hill Avenue Brewed Awakenings.

**Aug 31**

**Leader – Richard Berard**